

NEBRASKA  
**AGRICULTURE**  
**IN THE CLASSROOM**  
NEBRASKA FARM BUREAU FOUNDATION

## *Activity: Get the Wiggles Out*

**Activity Level: Basic**

### Purpose

Use these phrases as a tool to help children release energy constructively and improve classroom behavior.

### Example Topics It Supplements

Following directions

### Activity Snapshot

1. Gallop Like a Horse
2. Stomp Like a Cow
3. Roll Like a Pig
4. Strut Like a Rooster
5. Hop Like a Bunny
6. Waddle Like a Duck

### State Standards It Supports

LA 1.3.2c Complete a task following one/two-step directions.

### Materials

- No extra materials are needed

### What's the Connection to Agriculture?